



MAY 2021 ISSUE 2

NEWSLETTER

SWIMMING METRO NORTH EAST

WINTER CALENDAR

MAY 29-30	SMNE WINTER CHAMPIONSHIPS <i>More information HERE</i>	SOPAC
JUNE 20	SMNE SC DISTANCE CHAMPIONSHIPS <i>More information HERE</i>	PLC
JULY 4	A and B Senior Squad Clinic with James Magnussen	PLC
JULY 18	C Junior Squad Clinic with James Magnussen	PLC
AUGUST 15	D and E Squad Clinic with James Magnussen	PLC
AUGUST 29	A and B Squad Clinic (Form Stroke) with JM <i>More information on development squads SMNE.SWIMMING.ORG.AU</i>	PLC

NATIONAL RESULTS



CONGRATULATIONS to all swimmers who attended 2021 Australian Age and Open Championships in the Gold Coast. Special mention to the SMNE Clubs who finished in the TOP 10 at National Age - Knox Pymble 2nd and Warringah 10th. A wonderful effort by all Coaches, Clubs, Technical Officials and Athletes.

TO DO



KEEP UP TO DATE ON ALL SWIMMING EVENTS AND NEWS BY FOLLOWING NSW SWIMMING ON SOCIAL MEDIA.



START YOUR TECHNICAL OFFICIAL JOURNEY FREE ONLINE COURSES AVAILABLE [HERE](#)

SWIM FASTER WITH MAGNUSSEN



After much success in 2019, James is back with us to run swim faster Development clinics for all squad levels.

James will teach swimmers how to maximise speed and power through skills and drills learnt at the elite level.

DON'T MISS IT!!!

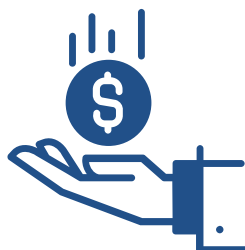


IN THE DEEP END

SMNE wants to celebrate our wonderful members. Whether you are a swimmer, volunteer or coach, we want to get to know you. Tell us about yourself and you could be our next feature on "IN THE DEEP END"

Answer our questions [HERE](#) and you could be the next feature on our social media!

PAID ALLOWANCE FOR OFFICIALS



SMNE recognises the huge contribution of our volunteer technical officials. Without them, we couldn't hold our events. We are excited to announce that TO's will now be eligible for a \$25 allowance per session volunteered. Please refer to the [policy](#) for more information.

