

SMNE SC DISTANCE

Sun 30th October 2022, at PLC



CLUB DUTIES

*NB Approximate Timeline:
8:45am - 1:00pm

Duty	Day 1 Sunday 26th	
Runner	8.45am - 1.00pm	Manly
Mid-morning break	~10:30	
Timekeeping Lane 1 <i>(both sessions)</i>	1 Knox Pymble	1 Knox Pymble
Timekeeping Lane 2 <i>(both sessions)</i>	1 Knox Pymble	1 Knox Pymble
Timekeeping Lane 3 <i>(both sessions)</i>	1 Knox Pymble	1 Knox Pymble
Timekeeping Lane 4 <i>(both sessions)</i>	1 Warringah	1 Warringah
Timekeeping Lane 5 <i>(both sessions)</i>	1 Warringah	1 Warringah
Timekeeping Lane 6 <i>(both sessions)</i>	1 Warringah	1 Warringah
Timekeeping Lane 7 <i>(both sessions)</i>	1 Narrabeen	1 Narrabeen
Timekeeping Lane 8 <i>(both sessions)</i>	1 Narrabeen	1 Narrabeen
Timekeep Reserves <i>(both sessions)</i>	Lane Cove	

✓ Warm Up/Cool Down

The Competition pool will be available for warm up from 8:00am to 8:30am. The Learn-to-swim Pool will be available throughout for Warm Up and Cool Down.

✓ Lap Counting

Swimmers entered into the 800FR or 1500FR must provide one (1) person to turn the lap counter on their lane. This person can be another responsible competitor if the parent is timekeeping.

✓ Catering Distribution

Take snacks and water to the Technical officials and Coaches every hour or thereabouts. Include: Everyone in Control Room, JOS, Referee, Starter, Checkstarters, Marshalls, Chief Timekeeper, all Coaches.

✓ Runner

Remain in the Control room, introduce yourself to the Computer operators and the Recorders. Your duties include "running" the results from the Computer Operators to the Recorders. The Recorders will check the results and give to the announcer.