

SMNE LC SUMMER CHAMPIONSHIPS

12th-13th Nov 2022, at SOPAC

Warm up 1 hour prior to start each day



Qualifying Times - BOYS

Events		15/O	13/14	11/12	10/U
Freestyle	50m	28.50	32.00	35.00	42.00
	100m	1:00.00	1:04.00	1:18.00	1:30.00
Backstroke	50m	33.00	37.00	42.00	52.00
	100m	1:11.00	1:20.00	1:35.00	1:48.00
Breaststroke	50m	39.00	45.00	48.00	1:00.00
	100m	1:25.00	1:39.00	1:48.00	1:59.00
Butterfly	50m	33.00	35.00	42.50	52.00
	100m	1:12.00	1:21.00	1:32.00	1:40.00

Ind Medley	200m	14/O	2:32.00	10-13	3:15.00
Freestyle	200m	14/O	2:15.00	10-13	2:31.00
Backstroke	200m	14/O	2:42.00	10-13	3:10.00
Breaststroke	200m	14/O	3:05.00	10-13	3:32.00
Butterfly	200m	14/O	2:55.00	10-13	3:12.00

Qualifying Times - GIRLS

Events		15/O	13/14	11/12	10/U
Freestyle	50m	31.00	33.00	35.50	42.00
	100m	1:04.00	1:09.00	1:19.00	1:33.00
Backstroke	50m	36.00	38.00	42.50	52.00
	100m	1:15.00	1:20.00	1:36.00	1:48.00
Breaststroke	50m	41.00	45.00	48.00	1:00.00
	100m	1:30.00	1:41.00	1:50.00	1:59.00
Butterfly	50m	34.00	35.00	43.50	52.00
	100m	1:18.00	1:24.00	1:35.00	1:40.00

Ind Medley	200m	14/O	2:44.00	10-13	3:18.00
Freestyle	200m	14/O	2:25.50	10-13	2:35.00
Backstroke	200m	14/O	2:50.00	10-13	3:15.00
Breaststroke	200m	14/O	3:15.00	10-13	3:39.00
Butterfly	200m	14/O	3:05.00	10-13	3:20.00

Day 1 Sat 12 Nov 11:00am

Boys	Girls	Ages	Event
1	2	14/O	Butterfly 200m
3	4	10-13	Butterfly 200m
5	6	15/O	Breaststroke 100m
7	8	13-14	Breaststroke 100m
9	10	11-12	Breaststroke 100m
11	12	9-10	Breaststroke 100m
13	14	15/O	Freestyle 50m
15	16	13-14	Freestyle 50m
17	18	11-12	Freestyle 50m
19	20	8-10	Freestyle 50m
21	22	14/O	Backstroke 200m
23	24	10-13	Backstroke 200m
25	26	15/O	4x50 Medley Relay
27	28	13-14	4x50 Medley Relay
29	30	11-12	4x50 Medley Relay
31	32	8-10	4x50 Medley Relay
33	34	15/O	Butterfly 50m
35	36	13-14	Butterfly 50m
37	38	11-12	Butterfly 50m
39	40	8-10	Butterfly 50m
41	42	15/O	Freestyle 100m
43	44	13-14	Freestyle 100m
45	46	11-12	Freestyle 100m
47	48	9-10	Freestyle 100m

Awards

Age Champions: Certificates awarded for each age group 9 Yrs-14/Over (relays do not score points).
Relays: Medals awarded to placegetters for each relay event.
 8 yr olds permitted to swim but do not earn medals.
Individual Events: Medals awarded to placegetters for each age in 50m and 100m events (9, 10, 11, 12, 13, 14 & 15/O).
 There is one set of medals for the 1st, 2nd, 3rd placegetters in each 200m event.

Entries

Individuals: \$10.00 per event, relays \$15 per event - ENTRIES via SWIM CENTRAL only. Includes admission and downloadable program.
 Age as at 12th November 2022.
 Maximum 12 events per swimmer.
Entries close 5pm Saturday 5th November, 2022. No late entries accepted under any circumstances. SNSW refund policy applies to SMNE Meets.
 MC Swimmers to enter on QT or actual times, contact Meet Director for entries.

Day 2 Sun 13 Nov 10:30am

Boys	Girls	Ages	Event
49	50	14/O	Freestyle 200m
51	52	10-13	Freestyle 200m
53	54	15/O	Backstroke 100m
55	56	13-14	Backstroke 100m
57	58	11-12	Backstroke 100m
59	60	9-10	Backstroke 100m
61	62	14/O	Breaststroke 200m
63	64	10-13	Breaststroke 200m
65	66	15/O	Backstroke 50m
67	68	13-14	Backstroke 50m
69	70	11-12	Backstroke 50m
71	72	8-10	Backstroke 50m
73	74	15/O	4x50 Free Relay
75	76	13-14	4x50 Free Relay
77	78	11-12	4x50 Free Relay
79	80	8-10	4x50 Free Relay
81	82	15/O	Breaststroke 50m
83	84	13-14	Breaststroke 50m
85	86	11-12	Breaststroke 50m
87	88	8-10	Breaststroke 50m
89	90	15/O	Butterfly 100m
91	92	13-14	Butterfly 100m
93	94	11-12	Butterfly 100m
95	96	9-10	Butterfly 100m
97	98	14/O	Ind Medley 200m
99	100	10-13	Ind Medley 200m

- There will be a 30 minute lunch break each day

Rules

SNSW approved meet under SNSW Ltd rules
 SAL Safe Sport Framework applies to all meet attendees. SNSW Spectator/Parent Behaviour Etiquette applicable. Swimmers' entries are limited to Primary Swimmers of SMNE Clubs only. No spectators or parents permitted on pool deck. Swimmers entries are accepted on the basis that a parent/guardian timekeeps, officiates, or assists as requested to help run the meet. Both SC and LC times from approved meets accepted. Clubs will be asked to assist with timekeeping & other duties. All events are timed finals swum fastest to slowest.

Pool Admission & Parking

Pool entry is free for spectators and athletes. We ask for your support in our efforts to prevent COVID-19 and be vigilant in your personal hygiene, social distancing and avoid attending our meet if unwell.

Parking Fees: Set by the venue.

Enquiries | meetdirector@smne.org.au