

SMNE LC 13U SPRINT MEET

4th Feb 2023, at SOPAC



Saturday 4th February 9:00am (7:30 warm up)

Boys	Girls	Ages	Event	
1	2	10-13*	Ind Medley	200m
3	4	11-13	Butterfly	50m^
5	6	8-10	Butterfly	50m^
7	8	11-13	Backstroke	50m^
9	10	8-10	Backstroke	50m^
11	12	12-13	Breaststroke	100m
13	14	9-11	Breaststroke	100m
15	16	12-13	Butterfly	100m
17	18	9-11	Butterfly	100m
19	20	11-13	4x50FR Relay	200m
21	22	8-10	4-50FR Relay	200m
23	24	11-13	Freestyle	50m^
25	26	8-10	Freestyle	50m^
27	28	11-13	Breaststroke	50m^
29	30	8-10	Breaststroke	50m^
31	32	12-13	Backstroke	100m
33	34	9-11	Backstroke	100m
35	36	12-13	Freestyle	100m
37	38	9-11	Freestyle	100m

*QT for 200IM: 3:20.00

^Events for non-members, Club only & Recreational memberships

Important Conditions of Entry

- **Only PRIMARY Club** members from an SMNE Club are eligible to enter this meet. Swimmers who do not meet the criteria will be removed without refund.
- **50m events** form the Speedo Sprint Series Heats at this meet. Top 4 in each age group advance to Speedo Finals.
- Swimmers who medal in an individual event at the 2022-23 SNSW Senior State Age Championships (December, 2022) are **eligible** to compete at Speedo Sprint **Heats** but cannot proceed through to the finals, in the same stroke in which they won their medal in any age group at Senior State Age. State means all states of Australia.
- Additionally, any Swimmer who has qualified for the 2023 National Age Championships (excluding MC & Open Water) is **ineligible** to compete in the **Finals series**.
- There will be a lunch break halfway through the program

✓ Pool Admission

More pool entry details will be provided in the Meet program published after the Meet closes. We ask for your support in our efforts to prevent COVID-19 and be vigilant in your personal hygiene, social distancing and avoid attending our meet if unwell.

✓ Rules

SNSW approved meet under SNSW Ltd rules
SAL Safe Sport Framework applies to all meet attendees. SNSW Spectator/Parent Behaviour Etiquette applicable. Swimmers' entries are limited to Primary Swimmers of SMNE Clubs only. Swimmers who do not meet this criteria will be removed and refunded. No spectators or parents permitted on pool deck. Swimmers entries are accepted on the basis that a parent/guardian timekeeps, officiates, or assists as requested to help run the meet. Both SC and LC times from approved meets accepted. Clubs will be asked to assist with timekeeping & other duties. All events are timed finals swum fastest to slowest.

✓ Entries

Individuals: \$8.00 per event (maximum 5). ENTRIES via SWIM CENTRAL. Includes admission and downloadable program. Age as at 4th February 2023.

Entries close 11:59pm Wednesday 25 January, 2023. No late entries accepted under any circumstances. SNSW refund policy applies to SMNE Meets.

Non-Members may compete in the 50m strokes, please email meetdirector@smne.org.au for entry process.

✓ Awards

Ribbons awarded to top 4 placegetters in each age group for each 50m event. Ribbons awarded to top 3 placegetters in each age group in each 100m event. Ribbons awarded to male and female top 3 placegetters in the 200m Individual Medley and Relays.

Enquiries | meetdirector@smne.org.au