

2023 SMNE SC DISTANCE MEET

2nd July 2023, at PLC Aquatic



Sun 2 July 2023 8.45am (warm up 8:00am)

Mixed	Ages	Event	QT
1	10/Over	Freestyle 1500m*	20:00.00
2	10/Over	Freestyle 800m*	11:50.00
3	10/Over	Ind Medley 400m	6:50.00
4	9/Over	Freestyle 200m	3:00.00
5	10/Over	Freestyle 400m	5:50.00
6	9/Over	Ind Medley 200m	3:35.00

*Swimmers will need to provide a person to lap count and a person to Timekeep
Diving end of Pool will be available for warm up/cool down throughout

✓ Entries

Individuals: \$11.00 per event (maximum 3). ENTRIES via SWIM CENTRAL. Includes admission and downloadable program. Age as at 2nd July 2023.

Entries close 5pm Friday 23 June, 2023. No late entries accepted under any circumstances. SNSW refund policy applies to SMNE Meets. SAL rules apply for Multi Class (MC) swimmers. MC swimmers to enter on QT or actual times (email meetdirector@smne.org.au)

✓ Rules

SNSW approved meet under SNSW Ltd rules
SAL Safe Sport Framework applies to all meet attendees.
SNSW Spectator/Parent Behaviour Etiquette applicable.
Swimmers' entries are limited to Primary Swimmers of SMNE Clubs only. No spectators or parents permitted on pool deck. Swimmers entries are accepted on the basis that a parent/guardian timekeeps, officiates, or assists as requested to help run the meet. Both SC and LC times from approved meets accepted. Clubs will be asked to assist with timekeeping & other duties. All events are timed finals swum fastest to slowest.

✓ Pool Admission

Pool entry details will be provided in the Meet program published after the Meet closes.

We ask for your support in our efforts to prevent COVID-19 and be vigilant in your personal hygiene, social distancing and avoid attending our meet if unwell.

✓ Conditions of Entry

Only PRIMARY Club members from an SMNE Club are eligible to enter this meet. Swimmers who do not meet the criteria will be removed without refund.
Swimmers who do not have the relevant QTs can apply to their coach for special entry providing their coach thinks they can make the QT. Meet Director reserves the right to scratch any swimmer they believe has entered incorrectly.

Enquiries | meetdirector@smne.org.au