# SMNE SC WINTER CHAMPIONSHIPS 3rd-4th June 2023, at SOPAC 

| Qualifying Times - BOYS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Events |  | 14/0 | 12/13 | 10/11 | 9/U |
| Freestyle | 50m | 30.00 | 34.50 | 40.00 | 50.00 |
|  | 100 m | 1:04.00 | 1:09.00 | 1:21.00 | 1:30.00 |
|  | 200m | 2:20.00 | 2:45.00 | 2:45.00 | 2:45.00 |
| Backstroke | 50m | 38.00 | 42.00 | 47.00 | 50.00 |
|  | 100 m | 1:20.00 | 1:27.00 | 1:36.50 | 1:51.00 |
|  | 200m | 2:48.00 | 3:15.00 | 3:15.00 | 3:15.00 |
| Breaststroke | 50m | 43.00 | 45.00 | 50.00 | 1:00.00 |
|  | 100 m | 1:38.00 | 1:39.00 | 1:55.00 | 1:59.00 |
|  | 200m | 3:25.00 | 3:45.00 | 3:45.00 | 3:45.00 |
| Butterfly | 50m | 34.00 | 38.00 | 48.00 | 51.00 |
|  | 100 m | 1:17.00 | 1:30.00 | 1:40.00 | 1:41.50 |
|  | 200m | 2:48.00 | 2:58.00 | 2:58.00 | 2:58.00 |
| Ind Medley | 100m | 1:28.00 | 1:43.00 | 1:43.00 | 1:43.00 |
|  | 200m | 2:45.00 | 3:15.00 | 3:15.00 | 3:15.00 |


| Qualifying Times - GIRLS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Events |  | 14/0 | 12/13 | $10 / 11$ | 9/U |
| Freestyle | 50m | 32.00 | 35.00 | 40.00 | 50.00 |
|  | 100m | 1:09.00 | 1:12.00 | 1:23.00 | 1:30.00 |
|  | 200m | 2:35.00 | 2:50.00 | 2:50.00 | 2:50.00 |
| Backstroke | 50m | 38.50 | 42.50 | 48.00 | 52.00 |
|  | 100m | 1:22.00 | 1:28.00 | 1:40.00 | 1:51.00 |
|  | 200m | 3:02.00 | 3:30.00 | 3:30.00 | 3:30.00 |
| Breaststroke | 50m | 44.00 | 46.00 | 50.00 | 1:00.00 |
|  | 100m | 1:40.00 | 1:41.00 | 1:59.00 | 1:59.50 |
|  | 200m | 3:32.00 | 3:50.00 | 3:50.00 | 3:50.00 |
| Butterfly | 50m | 36.00 | 39.00 | 48.80 | 51.00 |
|  | 100m | 1:21.00 | 1:30.00 | 1:40.00 | 1:41.50 |
|  | 200m | 2:52.00 | 3:05.00 | 3:05.00 | 3:05.00 |
| Ind Medley | 100m | 1:30.00 | 1:45.00 | 1:45.00 | 1:45.00 |
|  | 200m | 2:50.00 | 3:25.00 | 3:25.00 | 3:25.00 |


| Day 1 Session 1 Sat 3 Jun 12:00pm |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Boys | Girls | Ages | Event |  |
| 1 | 2 | 9/0 | Butterfly | 200 m |
| 3 | 4 | 14/0 | Freestyle | 50 m |
| 5 | 6 | 12-13 | Freestyle | 50m |
| 7 | 8 | 8-11 | Freestyle | 50m |
| 9 | 10 | 14/0 | Breaststroke | 100 m |
| 11 | 12 | 12-13 | Breaststroke | 100 m |
| 13 | 14 | 9-11 | Breaststroke | 100 m |
| 15 | 16 | 14/0 | $4 \times 50 \mathrm{~m}$ Medles | Relay |
| 17 | 18 | 13/U | $4 \times 50 \mathrm{~m}$ Medler | Relay |
| 19 | 20 | 9/0 | Backstroke | 200 m |
| 21 | 22 | 14/0 | Freestyle | 100m |
| 23 | 24 | 12-13 | Freestyle | 100 m |
| 25 | 26 | 9-11 | Freestyle | 100 m |

- Times are approximate only
- Saturday 12pm - 4pm (11am warm up)
- Sunday 9am-3:30pm (8am warm up) with a lunch break in the middle

| Boys | Girls | Ages | Event |  |
| :---: | :---: | :---: | :---: | :---: |
| 27 | 28 | 9/0 | Ind Medley | 100m |
| 29 | 30 | 12/0 | Butterfly | 50m |
| 31 | 32 | 8-11 | Butterfly | 50m |
| 33 | 34 | 14/0 | Freestyle | 200m |
| 35 | 36 | 9-13 | Freestyle | 200m |
| 37 | 38 | 12/0 | Breaststroke | 50m |
| 39 | 40 | 8-11 | Breaststroke | 50m |
| 41 | 42 | 12/0 | Backstroke | 50m |
| 43 | 44 | 8-11 | Backstroke | 50m |
| 45 | 46 | 14/0 | Butterfly | 100m |
| 47 | 48 | 12-13 | Butterfly | 100m |
| 49 | 50 | 9-11 | Butterfly | 100m |
| 51 | 52 | 14/0 | $4 \times 50$ Free Relay |  |
| 53 | 54 | 13/U | $4 \times 50$ Free Relay |  |
| 55 | 56 | 9/0 | Breaststroke | 200m |
| 57 | 58 | 14/0 | Backstroke | 100 m |
| 59 | 60 | 12-13 | Backstroke | 100m |
| 61 | 62 | 9-11 | Backstroke | 100m |
| 63 | 64 | 14/0 | Ind Medley | 200m |
| 65 | 66 | 9-13 | Ind Medley | 200m |

## Entries

Individuals: $\$ 10.00$ per event, relays $\$ 15$ per event - ENTRIES via SWIM CENTRAL only. Includes admission and downloadable program. Age as at 3rd June 2023.
Entries close 5pm Tuesday 23 May, 2023. No late entries accepted under any circumstances. SNSW refund policy applies to SMNE Meets.

Rules
SNSW approved meet under SNSW Ltd rules
SAL Safe Sport Framework applies to all meet attendees. SNSW Spectator/Parent Behaviour Etiquette applicable. Swimmers' entries are limited to Primary Swimmers of SMNE Clubs only. No spectators or parents permitted on pool deck. Swimmers entries are accepted on the basis that a parent/guardian timekeeps, officiates, or assists as requested to help run the meet. SAL rules apply for Multi Class (MC) swimmers. MC swimmers to enter on QT or actual times (email meet director). Both SC and LC times from approved meets accepted. Clubs will be asked to assist with timekeeping \& other duties. All events are timed finals swum fastest to slowest.

## Pool Admission \& Parking

Pool entry requirements will be provided in the Meet program published after the Meet closes. We ask for your support in our efforts to prevent COVID-19 and be vigilant in your personal hygiene, social distancing and avoid attending our meet if unwell.

Set by the venue: currently, 4 hours free parking and $\$ 6$ per hour thereafter to a maximum of $\$ 30$ per day (as at February 2023)

## Awards

Age Champions: Certificates awarded for each age group 9 Yrs14/Over (relays do not score points). Relays: Ribbons awarded to placegetters. 8 yr olds permitted to swim but do not earn medals. Individual Events: Medals awarded to placegetters for each age in 50 m and 100 m events ( $9-13$ \& 14/O). There is one set of medals for the 1st, 2 nd , 3rd placegetters in each 200 m event.

