

**2023 SMNE SC DISTANCE MEET**  
**Held at Pymble Ladies College 2nd July 2023**  
**Session Report**

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 37 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Mixed 10 & Over 1500 Freestyle	3	1	08:45 AM	_____
Finals	2 Mixed 10 & Over 800 Freestyle	17	3	09:04 AM	_____
Finals	3 Mixed 10 & Over 400 Ind Medley	15	2	09:36 AM	_____
Finals	4 Mixed 9 & Over 200 Freestyle	85	11	09:49 AM	_____
	Break: 20 Minutes:				
Finals	5 Mixed 10 & Over 400 Freestyle	52	7	10:44 AM	_____
Finals	6 Mixed 9 & Over 200 Ind Medley	91	12	11:25 AM	_____
	Swimmers Counts for Warm-ups: 169	=====	=====		
	Entry / Heat Totals:	263	36		
	Finish Time			12:08 PM	_____