



SWIMMING METRO NORTH EAST
2023 LC SUMMER CHAMPIONSHIPS
Saturday 4 & Sunday 5 November 2023 at SOPAC

Session 1 – Saturday
From 12:00 pm

Referee M	Graeme Field Ku-ring-gai
Referee F	Heidi Roche Ku-ring-gai
Starter M	Toby Williams Warringah
Starter F	Cherry Smith Visitor
JOS 1	Jerome Lagonilla Warringah
JOS 2	Guy Scott (A) Manly
JOS 3	Joshua Baker Lane Cove
JOS 4	Anna Pleadin Lane Cove
Inspectors of Turns	Alistair McElligott (T) Wenona Sarah Burns (T) Terrey Hills Betty Chan (T) Narrabeen Natasha Fenton (T) Knox Pymble
Marshal (Help Desk)	Gill Cuthbert Warringah
Check Starters	Alwynne Murray Manly Victoria Whereat Wenona Kate Ng Warringah
AOE Primary	Ben Ramsden Abbotsleigh
Meet Manager Operator	Paula Hennessy Knox Pymble
Recorders	Nikki Burke Warringah Sascha Scholtens (A) Warringah
Chief Timekeeper	Jodie Law Manly
Announcer	Chris Sa'aga Knox Pymble
Assessors	Jerome Lagonilla Warringah Ariel Darley Warringah
Meet Director	Ariel Darley Warringah

DRESS REQUIREMENTS:

Female: SMNE shirt, black skirt or black tailored slacks, with black shoes

Male: SMNE shirt, long black slacks with black socks, black shoes

*If you are unable to attend any session(s) that you are rostered for, please contact
Toby Williams on 0430 736 049.*



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	Session 2 – Sunday From 9:00 am	Session 3 – Sunday From 12:45 pm
Referee M	Dean Vince (T) Ravenswood	Dean Vince (A) Ravenswood
Referee F	Toby Williams (T) Warringah	Toby Williams (A) Warringah
Starter M	Heidi Roche Ku-ring-gai	Larisa Bychenkova Seahorses
Starter F	James Scholtens Warringah	Eydis Konradsdottir Knox Pymble
JOS 1	Jerome Lagonilla Warringah	Heidi Roche Ku-ring-gai
JOS 2	Eydis Konradsdottir (T) Knox Pymble	Alistair McElligott Wenona
JOS 3	Anna Pleadin Lane Cove	Natasha Fenton (T) Knox Pymble
JOS 4	Larisa Bychenkova Seahorses	Sarah Burns (T) Terrey Hills
Marshal (Help Desk)	Alistair McElligott Wenona	Lisa Schindler Lane Cove
Check Starters	Vu Kwan Knox Pymble Jodie Law Manly Joshua Baker Lane Cove	Anna Pleadin Lane Cove James Scholtens (A) Warringah Margot Paterson (A) Lane Cove
AOE Primary	Nick Keith Visitor	Nick Keith Visitor
AOE Secondary	Paula Hennessy (T) Knox Pymble	Joshua Baker (T) Lane Cove
Meet Manager Operator	Sarah Burns Terrey Hills	Paula Hennessy Knox Pymble
Recorders	Eugenie Bestic Shore Lisa Schindler Lane Cove	Jane Robertson Warringah TBC
Chief Timekeeper	Chris Sa'aga Knox Pymble	Chris Sa'aga Knox Pymble
Announcer	Hayden Lilienthal Knox Pymble	Hayden Lilienthal Knox Pymble
Assessors	Cherry Smith Visitor Ariel Darley Warringah	Cherry Smith Visitor Jerome Lagonilla Warringah Ariel Darley Warringah
Meet Director	Ariel Darley Warringah	Ariel Darley Warringah

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