

2023 SMNE LC DISTANCE MEET
Held at PLC 19th November 2023
Results - ALL EVENTS

Event 1 Men 10 & Over 1500 LC Metre Freestyle

Event Record: 16:15.29 ! 2011

Sho Nishimoto

CARL

Name	Age	Team	Seed Time	Finals Time
1 Liney, Euan	19	Knox Pymble SC	15:55.45	16:18.04
2 Woods, Phoenix	15	Manly Swimming Club Inc	NT	17:56.20
3 Lehane, Fionn	14	Warringah Aquatic SC Inc	NT	18:46.00

Event 2 Women 10 & Over 800 LC Metre Freestyle

Event Record: 9:07.76 ! 2014

Olivia Adams

RAVN

Name	Age	Team	Seed Time	Finals Time
1 Corr, Olivia	14	Warringah Aquatic SC Inc	9:54.42	10:13.06
2 Pickthall, Ruby	15	Knox Pymble SC	10:42.51	10:17.69
3 Mimmo, Tabi	12	Warringah Aquatic SC Inc	NT	10:24.84
--- Young, Matilda	13	Warringah Aquatic SC Inc	NT	NS

Event 2 Men 10 & Over 800 LC Metre Freestyle

Event Record: 8:45.76 ! 2018

Zac George

WASC

Name	Age	Team	Seed Time	Finals Time
1 Higgs, Luke	15	Warringah Aquatic SC Inc	8:26.53	8:38.03!
2 Zhou, Dylan	14	Knox Pymble SC	9:01.86	8:52.15
3 Jeffrey, Will	16	Warringah Aquatic SC Inc	8:56.48	9:03.07
4 Kelly, Oliver	14	Shore Swimming Club	9:11.45	9:12.17
5 McLaren, Noah	14	Warringah Aquatic SC Inc	9:26.39	9:19.47
6 Grebenshikoff, Nicholas	15	Manly Swimming Club Inc	NT	9:23.16
7 Law, Justin	15	Manly Swimming Club Inc	9:31.91	9:23.54
8 Jubb, Jeremy	16	Knox Pymble SC	9:29.50	9:23.56
9 Cheng, Jonathan	14	Lane Cove Swimming Club	9:18.85	9:24.69
10 Farrington, Kai	16	Manly Swimming Club Inc	9:26.44	9:29.26
11 Black, Harry	14	Lane Cove Swimming Club	9:52.40	9:37.93
12 Ayer, Harrison	12	Wenona School Swim Club	10:01.48	9:51.54
13 Fitzsimmons, Callum	13	Narrabeen Swimming Club Inc	10:38.35	10:05.57
--- Doake, Arie	16	Knox Pymble SC	10:37.19	NS

Event 3 Women 10 & Over 400 LC Metre Ind Medley

Event Record: 5:04.11 ! 2016

Darian Quadrio

KPSC

Name	Age	Team	Seed Time	Finals Time
1 Ng, Chloe	15	Warringah Aquatic SC Inc	5:30.51	5:27.76
2 De Souza, Caitlin	15	Manly Swimming Club Inc	5:25.34	5:27.99

Event 3 Men 10 & Over 400 LC Metre Ind Medley

Event Record: 4:38.34 ! 2022

Joshua Kerr

MNLV

Name	Age	Team	Seed Time	Finals Time
1 Higgs, Samuel	17	Warringah Aquatic SC Inc	4:25.41	4:34.72!
2 Johnson, Tyler	18	Warringah Aquatic SC Inc	4:44.40	4:53.24
3 Marston, Shawn	19	Lane Cove Swimming Club	4:27.55	4:56.80
4 Bruce, Aidan	14	Knox Pymble SC	4:45.76	4:57.77
5 Dunn, Lukas	14	Knox Pymble SC	4:38.13	4:57.82
6 Cook, Charlie	15	Warringah Aquatic SC Inc	5:35.57	5:04.71
7 Chen, Luke	13	Narrabeen Swimming Club Inc	4:59.89	5:04.99
8 Goodchild, Jensen	17	Abbotsleigh Swimming Club	5:04.55	5:09.86
9 Moore, Max	13	Knox Pymble SC	4:59.11	5:19.02
10 Cho, Ethan	13	Knox Pymble SC	5:07.21	5:25.31
11 Walters, Max	13	Narrabeen Swimming Club Inc	5:46.19	5:53.16

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Event 4 Women 9 & Over 200 LC Metre Freestyle

Event Record: 2:02.41 ! 2015

Ami Matsuo

CARL

Name	Age	Team	Seed Time	Finals Time
1 Barlow, Lily	16	Knox Pymble SC	2:11.81	2:15.35
2 Tian, Sarah	15	Knox Pymble SC	2:17.22	2:15.43
3 Chia, Megan	12	Knox Pymble SC	2:21.00	2:17.07
4 Gaudry, Chloe	13	Wenona School Swim Club	2:18.44	2:17.72
5 Pickthall, Ruby	15	Knox Pymble SC	2:16.45	2:18.54
6 Sainsbury, Naomi	17	Knox Pymble SC	2:18.74	2:19.05
7 Smith, Keira	16	Knox Pymble SC	2:26.42	2:20.70
8 Clark, Beatrix	14	Warringah Aquatic SC Inc	2:25.59	2:21.25
9 Durkin, Zara	15	Manly Swimming Club Inc	2:21.86	2:22.24
10 Goulston, Stella	14	Knox Pymble SC	2:19.01	2:22.30
11 Hill, Lulu	13	Warringah Aquatic SC Inc	2:23.65	2:23.21
12 Cho, Leena	10	Knox Pymble SC	2:35.78	2:32.26
13 Maguire, Ciara	12	Warringah Aquatic SC Inc	2:31.47	2:32.72
14 Horii, Hana	11	Warringah Aquatic SC Inc	2:36.24	2:33.25
15 Linssen, Rebecca	13	Lane Cove Swimming Club	2:51.91	2:34.97
16 Jones, Emily	12	Warringah Aquatic SC Inc	2:49.26	2:36.51
17 Sainsbury, Jessica	13	Knox Pymble SC	2:36.84	2:38.15
18 Farrington, Zara	14	Manly Swimming Club Inc	2:39.29	2:40.36
19 Liu, Anne	12	Knox Pymble SC	2:43.25	2:40.45
20 Li, Sophia	11	Ravenswood Swimming Club	2:50.81	2:42.18
21 Pickthall, Gwen	12	Knox Pymble SC	2:45.86	2:42.38
22 Wu, Sophia	10	Knox Pymble SC	2:50.44	2:43.31
23 Gleeson, Carys	12	Seahorses Swimming Club	2:57.68	2:43.62
24 Sunderland, Poppy	12	Knox Pymble SC	2:58.78	2:45.02
25 Yu, Chenxuan	11	Knox Pymble SC	2:47.98	2:47.66
26 Williams, Emma	12	Knox Pymble SC	2:56.98	2:49.87
27 Fisher, Claire	11	Ravenswood Swimming Club	2:44.07	2:51.44
28 Cole, Zoe	11	Knox Pymble SC	2:59.18	3:04.31
--- Strahorn, Zoe	12	Wenona School Swim Club	2:53.60	NS
--- Senden-White, Emmanuelle	13	Lane Cove Swimming Club	2:27.50	NS
--- Jones, Imogen	13	Knox Pymble SC	2:40.15	NS

Event 4 Men 9 & Over 200 LC Metre Freestyle

Event Record: 1:52.76 ! 2023

Gabriel Gorgas

KPSC

Name	Age	Team	Seed Time	Finals Time
1 Bethell, Finn	17	Warringah Aquatic SC Inc	1:59.17	2:00.40
2 Pattman, Rory	17	Knox Pymble SC	2:04.39	2:02.39
3 Waugh, Tristen	15	Knox Pymble SC	2:02.53	2:02.82
4 Lawrence, Daniel	16	Ravenswood Swimming Club	2:08.04	2:04.44
5 Mitchell, Jack	15	Knox Pymble SC	2:04.84	2:04.52
6 Gillett, Lukas	14	Knox Pymble SC	2:13.84	2:08.34
7 Screen, Cooper	14	Warringah Aquatic SC Inc	2:05.93	2:11.21
8 Kim, Joseph	15	Knox Pymble SC	2:03.53	2:11.23
9 Tian, Kevin	13	Knox Pymble SC	2:18.21	2:14.53
10 Lawry, Archie	13	Shore Swimming Club	2:17.40	2:18.36
11 Martin, Thomas	14	Ravenswood Swimming Club	2:29.12	2:22.83
12 Tan, Solomon	15	Knox Pymble SC	2:23.99	2:23.61
13 Fisher, Oliver	13	Ravenswood Swimming Club	2:24.26	2:24.54
14 Zhang, Ao Ran	12	Knox Pymble SC	2:29.61	2:25.61

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(Event 4 Men 9 & Over 200 LC Metre Freestyle)

	Name	Age	Team	Seed Time	Finals Time
15	Cai, Aaron	13	Knox Pymble SC	2:30.35	2:25.83
16	Huh, Joshua	13	Knox Pymble SC	2:39.55	2:26.38
17	Patterson-Roberts, Cameron	14	Warringah Aquatic SC Inc	2:42.72	2:26.88
18	Mitchell, Hugh	13	Knox Pymble SC	2:29.06	2:27.09
19	Bourne, Jude	13	Lane Cove Swimming Club	2:33.56	2:28.08
20	Paradine, Benji	12	Manly Swimming Club Inc	2:33.01	2:29.27
21	Wang, Aaron	12	Seahorses Swimming Club	2:32.76	2:31.98
22	Dunn, Adam	12	Knox Pymble SC	2:31.01	2:34.45
23	Waugh, Ryan	12	Knox Pymble SC	2:42.12	2:37.86
24	Collins, Oliver	12	Knox Pymble SC	2:48.84	2:38.65
25	Liu, Ethan	12	Knox Pymble SC	2:39.97	2:39.23
26	Liu, Henry	11	Knox Pymble SC	2:46.63	2:40.08
27	Chen, Zachary	11	Knox Pymble SC	2:48.65	2:46.29
28	Walters, Finn	11	Narrabeen Swimming Club Inc	2:48.17	2:47.20
29	Oxenford, Noah	12	Knox Pymble SC	NT	2:47.32
30	Eibach, Kuno	10	Knox Pymble SC	2:56.79	2:48.88
31	Nelson, Jack	11	Shore Swimming Club	2:58.02	2:53.73

Event 5 Women 10 & Over 400 LC Metre Freestyle

Event Record: 4:21.66 ! 2013			Ami Matsuo	CARL	
	Name	Age	Team	Seed Time	Finals Time
1	Ng, Chloe	15	Warringah Aquatic SC Inc	4:49.44	4:42.29
2	Hewish, Antoinette	17	Manly Swimming Club Inc	4:49.81	4:45.99
3	Vale, Indianna	14	Knox Pymble SC	4:36.35	4:48.65
4	Barlow, Lily	16	Knox Pymble SC	4:37.87	4:50.51
5	Boss, Natasha	14	Narrabeen Swimming Club Inc	4:45.34	4:58.19
6	Young, Molly	11	Narrabeen Swimming Club Inc	5:10.93	5:00.13
7	Linssen, Amy	16	Lane Cove Swimming Club	5:15.26	5:00.24
8	Sainsbury, Naomi	17	Knox Pymble SC	5:14.33	5:02.45
9	Wyke, Rebecca	12	Mosman Swim Club	5:21.26	5:09.54
10	Trang, Rhiannon	15	Lane Cove Swimming Club	5:16.22	5:12.13
11	Fenton, Oriana	11	Knox Pymble SC	NT	5:20.34
12	Spitzerova, Katherine	15	Narrabeen Swimming Club Inc	5:39.58	5:21.08
13	Sandham, Zara	13	Knox Pymble SC	5:36.09	5:22.50
14	Eibach, Carla Mikkeline	11	Knox Pymble SC	5:42.04	5:25.11
---	Burton, Josie	19	Lane Cove Swimming Club	5:00.78	NS
---	Senden-White, Emmanuelle	13	Lane Cove Swimming Club	5:32.97	NS

Event 5 Men 10 & Over 400 LC Metre Freestyle

Event Record: 4:07.45 ! 2016			Nick Jennens	CARL	
	Name	Age	Team	Seed Time	Finals Time
1	Bujak-Upton, Koby	17	Knox Pymble SC	4:10.71	4:08.64
2	Higgs, Luke	15	Warringah Aquatic SC Inc	4:06.17	4:11.36
3	Bruce, Aidan	14	Knox Pymble SC	4:15.79	4:28.86
4	Pattman, Rory	17	Knox Pymble SC	4:30.13	4:29.00
5	Jubb, Jeremy	16	Knox Pymble SC	4:30.02	4:29.32
6	Budd, Declan	15	Knox Pymble SC	4:32.62	4:30.61
7	Jagger, Jonty	14	Shore Swimming Club	4:37.69	4:34.12
8	Goulston, Hunter	16	Knox Pymble SC	5:11.89	4:37.46
9	Wall, Oliver	13	Knox Pymble SC	4:40.05	4:40.67
10	Schindler, Hugo	15	Lane Cove Swimming Club	4:38.43	4:41.54

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(Event 5 Men 10 & Over 400 LC Metre Freestyle)

Name	Age	Team	Seed Time	Finals Time
11 Thompson, Hudson	15	Warringah Aquatic SC Inc	4:51.41	4:45.93
12 Reid, Harrison	14	Lane Cove Swimming Club	5:21.69	4:46.04
13 Cho, Ethan	13	Knox Pymble SC	4:45.10	4:53.49
14 Gillett, Lukas	14	Knox Pymble SC	NT	4:58.08
15 Horder, Jack	14	Narrabeen Swimming Club Inc	5:35.43	5:15.19
16 Kim, Philip	13	Knox Pymble SC	5:28.50	5:15.60
17 Togher, Liam	14	Knox Pymble SC	5:37.98	5:19.48
18 Rigby, Daniel	16	Knox Pymble SC	5:07.00	5:24.44
--- Doake, Arie	16	Knox Pymble SC	5:11.61	NS
--- Kelly, Oliver	14	Shore Swimming Club	4:21.60	NS

Event 6 Women 9 & Over 200 LC Metre Ind Medley

Event Record: 2:21.82 ! 2017

Charli Brown

CARL

Name	Age	Team	Seed Time	Finals Time
1 Gregory-Reid, Piper	17	Knox Pymble SC	2:26.74	2:29.35
2 Tian, Sarah	15	Knox Pymble SC	2:36.46	2:34.05
3 Chia, Megan	12	Knox Pymble SC	2:36.54	2:35.22
4 De Souza, Caitlin	15	Manly Swimming Club Inc	2:33.21	2:36.78
5 Clark, Beatrix	14	Warringah Aquatic SC Inc	2:39.12	2:37.92
6 Smith, Keira	16	Knox Pymble SC	2:36.66	2:38.30
7 Burton, Josie	19	Lane Cove Swimming Club	2:34.37	2:38.38
8 Ng, Emily	16	Warringah Aquatic SC Inc	2:38.33	2:40.06
9 Durkin, Zara	15	Manly Swimming Club Inc	2:45.40	2:41.82
10 Wong, Naomi	19	Lane Cove Swimming Club	2:49.73	2:45.14
11 McCullough, Pippa	14	Warringah Aquatic SC Inc	2:45.53	2:45.24
12 Sadler, Charlotte	12	Knox Pymble SC	3:01.92	2:47.26
13 Ward, Emma	13	Lane Cove Swimming Club	2:47.74	2:47.60
14 Yung, Rachael	12	Knox Pymble SC	2:55.30	2:49.28
15 Horii, Hana	11	Warringah Aquatic SC Inc	2:55.15	2:52.93
16 Hill, Lulu	13	Warringah Aquatic SC Inc	2:53.91	2:53.01
17 Heo, Claire Yuna	12	Knox Pymble SC	2:56.95	2:54.06
18 Clark, Minnie	12	Warringah Aquatic SC Inc	2:56.11	2:54.57
19 Cho, Leena	10	Knox Pymble SC	2:55.60	2:56.88
20 Liu, Anne	12	Knox Pymble SC	3:00.21	2:57.73
21 Yu, Chenxuan	11	Knox Pymble SC	3:22.98	3:01.41
22 Chin, Ingrid	12	Lane Cove Swimming Club	3:07.74	3:06.28
23 Sunderland, Poppy	12	Knox Pymble SC	3:10.71	3:06.48
24 Pickthall, Gwen	12	Knox Pymble SC	3:13.60	3:07.92
25 Thompson, Olivia	13	Warringah Aquatic SC Inc	3:25.44	3:08.43
26 Williams, Emma	12	Knox Pymble SC	3:17.53	3:17.76
27 Wu, Sophia	10	Knox Pymble SC	3:12.78	3:19.88
28 Soylu, Ruya	11	Narrabeen Swimming Club Inc	3:21.63	3:21.96
--- Strahorn, Zoe	12	Wenona School Swim Club	3:13.94	NS
--- Fisher, Claire	11	Ravenswood Swimming Club	3:28.31	NS
--- Jones, Imogen	13	Knox Pymble SC	2:52.24	NS

Event 6 Men 9 & Over 200 LC Metre Ind Medley

Event Record: 2:06.01 ! 2016

Calum Sherington

CARL

Name	Age	Team	Seed Time	Finals Time
1 Kim, Joseph	15	Knox Pymble SC	2:13.69	2:18.37
2 Waugh, Tristen	15	Knox Pymble SC	2:19.23	2:19.07

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	Name	Age	Team	Seed Time	Finals Time
3	Chen, Luke	13	Narrabeen Swimming Club Inc	2:21.09	2:20.78
4	Hendry, Jack	17	Warringah Aquatic SC Inc	2:20.52	2:21.05
5	Mitchell, Jack	15	Knox Pymble SC	2:24.98	2:25.23
6	Lawrence, Daniel	16	Ravenswood Swimming Club	2:26.72	2:26.76
7	Tian, Kevin	13	Knox Pymble SC	2:32.78	2:29.56
8	Lawry, Archie	13	Shore Swimming Club	2:36.29	2:38.85
9	Walton, Alex	26	Ku-ring-gai Asc Inc	2:45.20	2:38.91
10	Cai, Aaron	13	Knox Pymble SC	2:47.82	2:41.59
11	Huh, Joshua	13	Knox Pymble SC	2:42.32	2:42.52
12	Tan, Samuel	14	Knox Pymble SC	2:53.57	2:42.81
13	Zhang, Ao Ran	12	Knox Pymble SC	2:53.74	2:46.12
14	Bourne, Jude	13	Lane Cove Swimming Club	2:55.15	2:48.47
15	Kim, Philip	13	Knox Pymble SC	2:47.29	2:49.48
16	Liu, Ethan	12	Knox Pymble SC	2:52.50	2:51.22
17	Mitchell, Hugh	13	Knox Pymble SC	2:58.22	2:54.29
18	Lynas, Beau	10	Knox Pymble SC	3:01.14	2:57.79
19	Patterson-Roberts, Cameron	14	Warringah Aquatic SC Inc	2:52.66	2:57.91
20	Dunn, Adam	12	Knox Pymble SC	3:04.74	2:58.99
21	Waugh, Ryan	12	Knox Pymble SC	3:20.60	3:00.70
22	Oxenford, Noah	12	Knox Pymble SC	3:18.37	3:01.49
23	Chen, Zachary	11	Knox Pymble SC	3:07.10	3:03.44
24	Liu, Henry	11	Knox Pymble SC	3:04.68	3:05.02
25	Chan, Lok Hin	12	Seahorses Swimming Club	3:26.55	3:12.50
26	Nelson, Jack	11	Shore Swimming Club	3:28.97	3:19.42
27	Walters, Finn	11	Narrabeen Swimming Club Inc	3:07.82	3:19.86
---	Lynas, Benji	12	Knox Pymble SC	2:41.51	NS
---	Erickson, Liam	13	Knox Pymble SC	2:43.18	NS
---	Fisher, Oliver	13	Ravenswood Swimming Club	3:05.36	NS